

The Free State Championships will be taking place on 2025-01-18 and 2025-01-19 at Lindeque's drift near Parys. The championships take place in collaboration with Northwest and Gauteng. Although the racing will be taking place with the other Provinces, it will still be each Province for itself. The first three riders of each Province in a category will receive a medal and the first rider of each Province will be crowned as his/her Province's champion in his/her category.

The venue for this event is at Riverlake which is at 37 Main Road, Lindeque's drift.

On Saturday 2025-01-18 from 07:00 all the Time trials for all age groups will be taking place. The Time Trial starting with the U/11 Girls. The Starting times for the riders will be send out not later than Thursday 2025-01-16.

On Sunday 2025-01-19 the Road Races start from 06:00 with the U/11 girls, U/11 boys and U/13 girls who will do 1 loop of 27 km.

At 06:10 the U/13 Boys and U/15 Girls will start and will also do 1 loop of 27 km.

At 06:15 the U/15 boys and U/17 girls will start and will do 2 loops of 27 km for a total of 54 km.

At 06:20 the U/17 boys will start and will do 3 loops of 27 km for a total of 81 km.

At 07:40 the 60-69 women and 70+ women will start and will also do 2 loops of 27 km for a total of 54 km.

At 07:50 the Junior women and all the women from 30 to 59 will start and will do 3 loops of 27 km for a total of 81 km.

At 08:00 the 60-69 men and 70+ men will start and will do 3 loops of 27 km for a total of 81 km.

At 08:10 the 50-59 men will start and will do 4 loops of 27 km for a total of 109 km.

At 09:00 the U/23 and Elite women will start and will do 5 loops of 27 km for a total of 136 km.

At 09:30 the 40-49 men will start and will do 5 loops of 27 km for a total of 136 km.

At 09:40 the 30-39 men will start and will do 5 loops of 27 km for a total of 136 km.

At 11:30 the Junior men will start and will do 5 loops of 27 km for a total of 136 km.

At 12:00 the U/23 and Elite men will start and will do 6 loops of 27 km for a total of 163 km.

Registration will be on 2025-01-17 from 17:00 to 20:00 at Jimmy Jagers pub and grill, Bree Street Parys.

On Saturday 2025-01-18 from 06:00 at the race venue.

On Sunday 2025-01-19 from 05:00 at the race venue

MANAGEMENT TEAM

President: Monia van Heerden
Treasurer: Nicky van der Walt
MTB Commissioner: Frans Steynberg
Track Commissioner: Leon van Schalkwyk
Para Cycling Commissioner: Lizelle Cronje
Discipline/Clubs: Willie Stoman
Coaching: Francois Oosthuizen
Road Team Manager: Rudolf Vorster
MTB Team Manager: Francois de Wet
Rider Representative: Van Dyk van Rooyen

Vice President: Carlien de Wet
Secretary: Colin Williamson
Road Commissioner: Peter Bailey
Sponsorships: Charl Roos
Media: Melissa Bredenkamp
Calendar: Phillip Campher
Diversity: Attie Koekemoer
Selection/Awards: Helen Kennedy
Technical Commissioner: Willem van Aswegen

